NEW ZEALAND
FOREIGN AFFAIRS & TRADE

Internship at the New Zealand Embassy in Stockholm - Spring Semester 2027

Location: Stockholm
Position Type: Full time

The New Zealand Embassy in Stockholm is responsible for New Zealand's relationship with Sweden, Denmark, Finland, Iceland, and Norway. New Zealand and the Nordics have warm and friendly relationships underpinned by shared interests and similar outlooks on global issues, including on trade, security, human rights, and the environment.

The Embassy of New Zealand in Stockholm offers an internship programme, with two interns joining each spring and autumn semester. We offer an interesting internship where you will have the opportunity to familiarize yourself with a number of tasks that are common at an Embassy.

We are now seeking two interns for the spring 2027 semester. This is a valuable opportunity to gain hands-on experience in a diplomatic setting and contribute to our team's work. Apply now to be part of our internship program.

Tasks during the internship
As an intern, you will help contribute to the Embassy's political, economic and trade policy reporting, by assisting with research, note taking, and drafting reports. You will also support the daily work of the Embassy including visits, event planning and general administration, and other tasks as required. You will be able to participate in the planning and implementation of the Embassy's business, cultural and image-promoting projects, and events, as well as help raise our profile through focus on social media. You will be able to assist some consular duties, including answering general enquiries.

Your background and skills
To qualify for the application, you need to be enrolled with a university and must have the right to live and work in Sweden. The ideal candidate will have good social skills, be proactive, driven and enjoy varied tasks. We want you to have a great interest in Nordic and EU issues, Sweden information and communication — and of course in New Zealand! You will need to be fluent in English and Swedish.

As we often work in project form, it is important that you can work independently as well as in a group. We also require that you can express yourself well in speech and writing in Swedish and English. The working language is English.

How to apply
The Embassy will publish when each application period starts on our social media platform. We intend to advertise in March/April for autumn positions and in October/November for spring positions.

Interested candidates are invited to submit their CVs along with a cover letter detailing their relevant experience to NZEmbassyStockholm@mfat.govt.nz

Applications close on 20 November 2026.

Additional information
The internship spans one full semester, approximately 20 weeks of full-time work, and is offered during either the autumn or spring term. The position is unpaid. To qualify, you must be enrolled as a full-time student for the duration of the internship, with the placement included in your programme and eligible for academic credits. You also need to be entitled to study funds, such as CSN or equivalent support. Interns are responsible for arranging their own accommodation and covering their living expenses. Working hours can be adjusted to support ongoing studies, and the exact duration of the internship may be adapted to meet your university's requirements and your availability.