



British Embassy Stockholm

Internship at the British Embassy in Stockholm

Location: British Embassy in Stockholm

Position type: Full time

Duration: Spring 2027 semester, approximately 20 weeks

Start date: January 2027, subject to university requirements

Application deadline: 23:59 Friday 16th October 2026

The British Government is an inclusive and diversity-friendly employer. We value difference, promote equality and challenge discrimination, enhancing our organisational capability. We welcome and strongly encourage those from minority ethnic and under-represented backgrounds to apply. We do not discriminate on the basis of disability, ethnicity, gender, religion, sexual orientation, age, veteran status or other categories protected by law. We promote family-friendly flexible working opportunities, where operational and security needs allow.

The British Embassy in Stockholm is responsible for the United Kingdom's relationship with Sweden. We work across a wide range of issues, including politics, foreign policy, economy, trade and investment, climate and energy, science and innovation, communications, defence and security, and wider European issues.

The Embassy is now seeking an intern to join our team for the Spring 2027 semester. This is an opportunity to gain practical experience in a diplomatic setting, contribute to the Embassy's work, and develop insight into UK-Sweden relations and international affairs. The programme will offer meaningful, time-limited professional experience linked to your academic study.

Tasks during the internship

- You will contribute to the Embassy's day-to-day work by conducting research and analysis, preparing briefing material for the Ambassador and senior officials, supporting stakeholder engagement, and assisting with visits and events. You will attend external meetings and engagements, produce written reports and readouts, maintain stakeholder information, and monitor Swedish media and policy developments.

- You will contribute across our priorities, including political, foreign policy, economic, climate and energy, communications, defence and security, trade and investment, science and innovation, and wider European work.
- With support, you will design and deliver a defined project linked to both Embassy priorities and your academic programme.
- The successful candidate will join the Bilateral Political Team. The Embassy will tailor their tasking, where possible, to their academic programme while giving them experience across relevant Embassy priorities.

Your background and skills

- To qualify, you must be enrolled at a Swedish university or CSN-eligible education provider, be able to complete the internship as part of a course, programme or internship semester, and be able to provide confirmation from your university before starting.
- You must also have the right to reside in Sweden and undertake the internship, be available approximately from January to June 2027 subject to your university's requirements and be willing and able to complete the Embassy's required security vetting.
- We welcome applicants studying international relations, political science, economics, law, communications, science, business or another relevant discipline. We welcome applications from students at both undergraduate and postgraduate level.
- You need to be fluent in both English and Swedish.

How to apply

Interested candidates should submit:

1. A CV (maximum two pages);
2. A cover letter (maximum 250 words) explaining your interest in the internship and how it fits with your studies;
3. A written response (maximum 250 words) to the following question:

"What international or domestic issue in Sweden do you think the British Embassy in Stockholm should pay more attention to over the next five years? Explain why it matters and what opportunities or challenges it could create."

4. Confirmation from your university that the internship can form part of your course, programme or internship semester.

If this confirmation is not available when you apply, please explain when and how you expect to obtain it. Any offer will be conditional on the Embassy receiving confirmation before the internship begins.

Please send your application to: ashton.thorp@fcdo.gov.uk

Additional information

- The internship is expected to run full time for approximately 20 weeks, usually from January to June for the Spring cohort.
- Duration of the internship can vary based on the university's requirements and the candidate's availability
- You will be expected to be in the office at the embassy, with the ability to work from home one day a week.
- Some flexible working hours can be arranged to accommodate study schedules.
- The internship is funded through the Swedish student finance system, CSN, in line with programme requirements. You must be entitled to CSN or equivalent and student finance support. The Embassy will cover a monthly SL travel card and other expenses agreed in advance (e.g. expenses associated with attendance at meetings)
- The intern must be eligible for study funds, attend fulltime studies that gives credits and be included as part of the studies.
- Any offer will be conditional on the successful candidate completing the Embassy's required security vetting before the placement begins.
- Interns are responsible for their own living arrangements and expenses.
- Tasking will be set in coordination with Embassy teams, and regular check-ins and feedback will form part of the placement.